

## ARBOR DAY IN WOODBURY

The City of Woodbury has declared May as **ARBOR DAY MONTH**. During the month of May, we would like to encourage residents to plant a tree. Trees benefit us in so many ways: they shade, clean the air and water, generate food and shelter, stabilize the soil, provide habitat, and beautify our surroundings. Trees are a vital resource that seem to be diminishing more and more as the world develops. It is critical that we do our part to practice good stewardship, both in our parks and at home. In doing this, we will ensure to keep a healthy population of trees growing for generations to come.

### HISTORY OF ARBOR DAY

On April 10, 1872, journalist and newspaper editor J. Sterling Morton established Arbor Day in the state of Nebraska with hopes that it would spread across the country. This first Arbor Day challenged the people of Nebraska who were pioneers and missed the trees and forests of the east. The challenge was to plant as many trees as they possibly could. The citizens of Nebraska answered the challenge by planting more than 1 million trees that first Arbor Day.

For more *information on the history of National Arbor Day*, visit [www.nationalarbordayfoundation.com](http://www.nationalarbordayfoundation.com)

### WAYS TO PARTICIPATE DURING ARBOR DAY MONTH:

#### **Plant a Tree**

In order to ensure that the tree you plant flourishes in its new location, the planting process must be done correctly. When you purchase a tree, it will come in one of the following forms: bare root, containerized, or balled and burlapped. It is very important that you become familiarized with and follow the different methods of planting each of these types of trees.

For detailed *planting tips* on these different types of trees, visit [www.arboday.org/trees/planting/](http://www.arboday.org/trees/planting/)  
For *suggested tree species* for this region, **follow this link...(ATTACHED SPREADSHEET)**

#### **Mulching Your Trees: The Importance of Mulching**

A newly planted tree's best friend is mulch. It is very important to remember to mulch your tree after you have planted it.

Mulch is valuable for your tree's health and care because:

- Mulch insulates the soil helping to provide a buffer from heat and cold temperatures.
- Mulch retains water helping to keep the roots moist.
- Mulch keeps weeds out to help prevent root competition.
- Mulch prevents soil compaction.
- Mulch reduces lawn mower damage.

For more *tips on mulching*, visit [www.arboday.org/trees/tips/mulching.cfm](http://www.arboday.org/trees/tips/mulching.cfm)

#### **Watering Your Trees: Guidelines for When and How Much**

Tree watering is a key part of tree care and it is difficult to recommend an exact amount due to the varieties of climates. But a few guidelines will help you to water your trees properly.

For details on *watering recommendations*, visit [www.arboday.org/trees/tips/watering.cfm](http://www.arboday.org/trees/tips/watering.cfm)

**Becoming a member of the Arbor Day Foundation**

See the benefits of joining and read about the details at [www.arboday.org/](http://www.arboday.org/).